

WEDDING DANCE LESSONS

Personal, Professional
Dance Lessons
In Your Own Home



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Would you like to make your Wedding day extra special? Maybe you would like a few dance steps just to see you through the big day?

What ever the reason, Balanced Heart specializes in teaching Wedding Couples and their bridal party/ family how to dance. Our experienced instructors understand that everybody is different and learns differently. We also recognize that this is your special day and we want to help you enjoy it even more.

Why not amaze everybody with a special dance routine put together especially for you both. You can choose your own music and / or dance style. It's entirely up to you.

WHERE IS IT?

We appreciate that maybe you're feeling nervous or anxious about dancing in front of people at your Wedding. Learning to dance in the right atmosphere is important you need to feel comfortable and relaxed. That's why we come to you. We teach you how to dance for your wedding in the privacy of your own home. We also like to recommend that you have a practice lesson at your reception venue, so you can familiarize yourself with the dance floor (Closer to the wedding date). Lesson times can be arranged to suit you.

MUSIC

You might have a particular song in mind, or no idea where to start. That's ok we can help you. We have a wide music to choose from. Your choice of song will determine your style of dance.

DANCE STYLE

There are many songs which suit all dance styles. The most popular Wedding dance generally is the Rumba. The Rumba is known as “the dance of love”; the reason for this is that it is slow, sensual and romantic. Most love songs and ballads are Rumbas. It’s also one of the easiest dances to learn. Other dances include; Foxtrot, Waltz, Cha Cha Cha, Tango, Mambo, Jive even Salsa.

HOW MANY LESSONS?

Everybody is different and we all learn differently. It will all depend on a few factors:

- How much time you have before the wedding?
- Have you danced before?
- What style of dance you choose?
- How elaborate or basic you would like your routine?
- How much practice you do.

The more time you have to learn and practice, the more comfortable you’ll be and the more fun you will have. The objective is to have your Wedding **dance** rehearsed so much you won’t have to think about it on the day.

Usually anywhere from 4 – 12 one hour lessons will have you feeling confident and gliding around the dance floor with ease.

PRICE

Your first FREE consultation will run for around 30-40 minutes. This gives us the opportunity to discuss all the details of your Wedding dance. We will also get you started with a step or two to practice until your next lesson.

Balanced Heart has great dance lesson packages in 4, 6, 8 or 12 1hour lessons that work out to be really cost effective. Casual lessons available also.

GIFT
VOUCHERS
AVAILABLE

BRIDAL GROUPS/FAMILY

Group lessons are a fun way for your bridal party to get to know each other while learning how to dance. Lessons **are for 1** hour and start from \$15.00 per person when there are 12 or more people.

GETTING STARTED

Arrange a time that is suitable for you and your partner to have a **FREE** consultation.



Balanced Heart Centre
“Love the dance of life”

Phone Yasmin on

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